

How to Prepare Slippery Elm

Using Slippery Elm

Morning

- Ideally, feed one-third of cup of Slippery Elm powder (mixed with Rice Bran oil or water) to the horse before main feed. This will become a paste-like consistency which will coat and heal the digestive tract. You could even syringe into the horse's mouth.
- If not possible, mix with normal feed.
- If a herbal tincture is recommended with this protocol, mix herbal tincture (dosage as stated on label) into feed or with the slippery elm paste
- You could also try mixing Chamomile flowers (made into a 'tea') for added effectiveness mixing it with the slippery elm as above.

If you choose to feed chamomile with the slippery elm, it might be easier for you to make the chamomile 'tea' once daily (or the night before) and divide liquid and plant material equally into morning and evening feeds. Use half a cup of chamomile flowers (no need to be exact here) and 1tr of water, cover and brew. Allow to cool.

Evening

Repeat as outlined above

Disclaimer: It is strongly recommended that you follow your Veterinarian's advice, and do not cease any medications prescribed by your Veterinary practitioner. Herbal Medicine is an effective adjunct therapy and should not be confused with Pharmaceutical drugs prescribed by your Vet. We recommend you seek the advice of a Qualified Herbalist prior to use. Though it is recommended to use this service and the preparations offered, clients are deemed to have used them at their own discretion. It is also understood by the Owner/s, Trainers, Breeders or others who are the carers of the animals treated, that we are not medical doctors, veterinary practitioners, herbalists or doctors of any form of medicine, and do not represent ourselves as such